



**International Day for the Elimination
of Violence Against Women**

**Educational resources
November 2022**



**Canadian Centre for Diversity and Inclusion
Centre canadien pour la diversité et l'inclusion**

www.ccdi.ca

Educational resources on International Day for the Elimination of Violence Against Women

Gender-based violence against women happens everywhere. However, despite its prevalence, violence against women is preventable. To raise public awareness and inspire action, November 25th is designated by the United Nations as the International Day for the Elimination of Violence Against Women.

*This guide contains information that may be disturbing to some individuals, especially to survivors of violence. If you or someone you know needs support, please visit **ShelterSafe** or the **Government of Canada** to find resources near you.*

The first step toward stopping this violence is to believe survivors' stories and implement broad and inclusive policies. These initiatives should strive to address the underlying causes of the problem, modify harmful social norms, and empower women and girls.

This educational guide aims to inform you about the various types of gender-based violence that exist worldwide so that you may start the conversation in the workplace with a survivor-centred approach. This guide also provides knowledge and resources to help survivors.

Learn more about the International Day for the Elimination of Violence against Women from the United Nations.

Starting the conversation

What is the issue?

- [Comprendre la violence faite aux femmes, Fem'aide](#)
- [Ending violence against women and girls \(PDF\) / Mettre fin à la violence envers les femmes et les filles \(PDF\), UN Women](#)
- [Ending violence against women: From words to action \(PDF\) / Mettre fin à la violence à l'égard des femmes: Des paroles aux actes \(PDF\), UN Women](#)
- [Facts and figures: Ending violence against women / Quelques faits et chiffres : la violence à l'égard des femmes et des filles, UN Women](#)
- [Violence against women is a shadow pandemic – we must take action to stop it, World Economic Forum](#)

What is gender-based violence (GBV)?

- [Gender-based violence, Institute for Gender and the Economy](#)
- [The Facts about Gender-Based Violence / La violence fondée sur le genre: les faits, Canadian Women's Foundation](#)
- [The importance of intersectional responses to gender-based violence / L'importance d'une approche intersectionnelle en matière de violence fondée sur le genre, Courage to Act](#)

What is gender-based violence (GBV)?

- [The Policing of Black and Indigenous Women in Canada / Les interventions policières excessives auprès des femmes noires et autochtones au Canada](#), Community Foundations of Canada
- [The value of intersectionality in understanding violence against women and girls \(PDF\)](#), UN Women
- [What is Gender-based violence? / Qu'est-ce que la violence fondée sur le genre](#), Council of Europe

Why is consent important?

- [Consent is Key: A Module on Violence Against on Women](#), Amnesty International
- [Only 1 in 3 Canadians Know What Sexual Consent Means / 1 seul canadien sur 3 sait ce qu'est le consentement sexuel](#), Canadian Women's Foundation

Recognize these forms of violence and their impacts against women today

Child marriage

- [Child marriage and domestic violence \(PDF\)](#), International Center for Research on Women
- [Child marriage around the world: Infographic](#), UNICEF
- [Gender-based violence and child marriage / Mariage des enfants et violences basées sur le genre](#), Girls Not Brides
- [Why is child marriage a form of violence against women and girls? / Pourquoi le mariage des enfants est-il une forme de violence à l'égard des femmes et des filles?](#), Girls Not Brides

Domestic violence

- [Can Work Be Safe, When Home Isn't? Initial Findings of a Pan-Canadian Survey on Domestic Violence and the Workplace \(PDF\) / Peut-on être en sécurité au travail quand on ne l'est pas à la maison? Premières conclusions d'une enquête pancanadienne sur la violence conjugale et le milieu de travail \(PDF\)](#), Canadian Labour Congress
- [Examining Domestic Violence Around the World: The Cost of Doing Nothing](#), United Nations
- [Fact Sheet: Intimate Partner Violence / Fiche d'information : Violence entre partenaires intimes](#), Government of Canada
- [Intimate partner violence: Experiences of visible minority women in Canada / Violence entre partenaires intimes : expériences des femmes appartenant à une minorité visible au Canada](#), Government of Canada
- [Mieux comprendre la violence conjugale](#), Regroupement des maisons pour femmes victimes de violence conjugale
- [Relationships, Safety, and Violence \(PDF\)](#), The Office on Women's Health
- [Spousal and Partner Abuse - It can be stopped / Violence conjugale - On peut la faire cesser](#), Government of Canada

Female genital mutilation

- ◉ Female genital mutilation in Canada and the limits to criminalization, Canadian Dimension
- ◉ FGM in Canada / La MGF au Canada, Ontario Human Rights Commission
- ◉ The Truth About the Secretive Practice of 'FGM' in Canada / Les MGF au Canada : comment mettre fin à cette forme cachée de violence envers les femmes, Global Citizen
- ◉ What is Female Genital Mutilation? Eight Important Questions Answered / Qu'est-ce que la mutilation génitale féminine? Réponses à huit importantes questions, UNICEF Canada

Femicide

- ◉ #CallItFemicide: Understanding sex/gender-related killings of women and girls in Canada (PDF) / #Cestunfémicide : Comprendre les meurtres de femmes et de filles liés au sexe et au genre au Canada (PDF), Canadian Femicide Observatory for Justice and Accountability
- ◉ 2021 Global 16 Days Campaign Advocacy Guide: End Femicide Now (PDF), Centre for Women's Global Leadership
- ◉ Remembering Women and Girls Killed by Violence / Se souvenir des femmes et des filles tuées par la violence, Canadian Femicide Observatory for Justice and Accountability
- ◉ Understanding and addressing violence against women: femicide / Comprendre et lutter contre la violence à l'égard des femmes: le femicide, World Health Organization

Missing and murdered Indigenous women and girls

- ◉ 2021 Missing and Murdered Indigenous Women, Girls, and 2SLGBTQQIA+ People National Action Plan: Ending Violence Against Indigenous Women, Girls, and 2SLGBTQQIA+ People (PDF) / Plan d'action national 2021 pour les femmes, les filles et les personnes 2ELGBTQQIA+ autochtones disparues et assassinées : Mettre fin à la violence contre les femmes, les filles et les personnes 2ELGBTQQIA+ autochtones (PDF), National Action Plan
- ◉ Missing and Murdered Indigenous Women and Girls in Canada / Femmes et filles autochtones disparues et assassinées au Canada, The Canadian Encyclopedia
- ◉ Murdered and Missing Indigenous Women and Girls / Femmes et Filles Assassinées et Disparues, Canadian Femicide Observatory for Justice and Accountability
- ◉ See the Government of Canada database of [resources](#) / [ressources](#) for supporting Indigenous women, girls, Two Spirit and LGBTQIA+ people

Human trafficking

- ◉ The nexus between gender-based violence and human trafficking (PDF), Coalition to End Violence Against Women and Girls Globally
- ◉ Trafficking of Indigenous Women and Girls in Canada (PDF) / La traite des femmes et des filles autochtones au Canada (PDF), Native Women's Association of Canada

Online or digital violence

- ◉ [Combating Online Violence against Women: A Call for Protection \(PDF\) / Lutte contre la violence en ligne à l'égard des femmes: Un appel à la protection \(PDF\)](#), Government of Canada
- ◉ [Digital violence against women: what needs to be done now](#), Heinrich Böll Stiftung Brussels
- ◉ [No space for violence against women and girls in the digital world / Pas de place pour la violence à l'égard des femmes et des filles dans le monde numérique](#), Council of Europe
- ◉ [Technology-Related Violence Against Women](#), Western University
- ◉ [The Facts about Online Hate and Cyberviolence Against Women and Girls in Canada](#), Canadian Women's Foundation

Sexual assault and harassment

- ◉ [How women are penalized at work for reporting sexual harassment](#), Gender and the Economy
- ◉ [Le Harcèlement De Rue: Qu'est-ce que c'est?](#), Stop Harcèlement de Rue
- ◉ [Stop the victim-blaming](#), Canadian Women's Foundation
- ◉ [Street Harassment Isn't a Compliment](#), Canadian Women's Foundation
- ◉ [The Facts About Sexual Assault and Harassment / Agression sexuelle et harcèlement : les faits](#), Canadian Women's Foundation
- ◉ [Victim Blaming](#), Sexual Assault Centre of Edmonton
- ◉ [What is sexual violence? / Qu'est-ce que la violence sexuelle?](#), Marie-Vincent Foundation
- ◉ [Why so many women feel unsafe when they run](#), CBC

Taking action in the workplace

Support

- ◉ [16 Ways that Workplaces can Help Victims and Survivors of Violence Against Women](#), The Pixel Project
- ◉ [A Guide to Better Understanding and Supporting Domestic Violence Survivors in our Workplace: When 'Safer-at-Home' is Not Actually Safe \(PDF\)](#), Institute for Women's Leadership Marquette University
- ◉ [How to support someone facing abuse: a survivor's story / Comment soutenir une personne confrontée à de la violence : histoire d'une survivante](#), Canadian Women's Foundation
- ◉ [How to support survivors of gender-based violence when a GBV actor is not available in your area \(PDF\) / Comment soutenir les survivants de violences basées sur le genre lorsqu'aucun acteur spécialisé en la matière n'est disponible dans votre secteur \(PDF\)](#), GBV Guidelines
- ◉ [How to Support Women in the Workplace and Be an Ally](#), Forbes
- ◉ [How to support women of colour in your workplace / Comment soutenir les femmes racisées sur votre lieu de travail](#), Randstad
- ◉ [Signal for Help / Appel à l'aide](#), Canadian Women's Foundation
- ◉ [When Domestic Violence Cases Intersect with the Workplace](#), Gavin de Becker & Associates

Prevention

- ◉ [16 ways you can stand against rape culture / 16 façons de lutter contre la culture du viol](#), UN Women
- ◉ [Anti-sexual harassment training: does it work?](#), Gender and the Economy
- ◉ [Guarding against workplace sexual harassment](#), Gender and the Economy
- ◉ [Guide to Gender Diversity in Employment \(PDF\)](#), Atlantic Ministers Responsible for the Status of Women
- ◉ [Prévention de l'agression sexuelle](#), Centre d'expertise et de référence en santé publique
- ◉ [Requirements for employers to prevent harassment and violence in federally regulated workplaces / Obligations des employeurs pour prévenir le harcèlement et la violence en milieu de travail sous réglementation fédérale](#), Government of Canada
- ◉ [The culture of silence that allows sexual harassment in the workplace to continue](#), The Conversation
- ◉ [Women and the workplace: How employers can advance equality and diversity \(PDF\) / Les femmes et le milieu de travail , Comment les employeurs peuvent faire progresser l'égalité et la diversité \(PDF\)](#), Government of Canada
- ◉ [Your Role in Preventing Sexual Assault](#), RAINN

Organizations supporting women in Canada

- ◉ [Provincial and territorial resources on gender-based violence / Ressources provinciales et territoriales sur la violence fondée sur le sexe](#), Government of Canada
- ◉ [Donate to Women in Canada](#), Canada Helps
- ◉ The [Canadian Women's Foundation](#) strives to prevent violence against women, lift low-income women out of poverty, and empower girls.
- ◉ Managed and made by women with disabilities, [DisAbled Women's Network Canada \(DAWN Canada\)](#) aims to empower and stop stereotypes that disempower women with disabilities.
- ◉ The [Feminist Alliance for International Action \(FAFIA\)](#) is a coalition of over 75 Canadian women's equality-seeking and allied organisations promoting women's equality in Canada through domestic implementation of international human rights commitments.
- ◉ [Native Women's Association of Canada](#) is a national Indigenous organization representing political voices of Indigenous women, girls, and gender diverse people in Canada.
- ◉ [Women's Shelters Canada](#) is a national, collaborative network of provincial and territorial shelter associations that aims to provide a strong, unified, pan-Canadian voice on the issue of violence against women.

Other resources



BOOKS

CCDI encourages you to check with your local bookstore or municipal library for availability of these publications.

- A Walk Across the Sun (Corban Addison)
- Breathing Underwater (Alex Flinn)
- Combating Violence Against Women: A Reality in the Making (Smita Nayak)
- I Am Still Alive: Journey of Acid Attack Victims (Aman Kapur)
- I'm Afraid of Men (Vivek Shraya)
- La Mémoire de l'air (FR – Caroline Lamarche)
- La Robe blanche (FR – Nathalie Léger)
- Le Consentement (FR - Vanessa Springora)
- Mayada: Daughter of Iraq (Jean Sasson)
- Nobody's Victim: Fighting Psychos, Stalkers, Pervs, and Trolls (Carrie Goldberg)
- Our Bodies, Their Battlefield: War Through the Lives of Women (Christina Lamb)
- Resilience is Futile (Julie LaLonde)
- Speak (Laurie Halse Anderson)
- The Break (Katherena Vermette)
- The Colour Purple (Alice Walker)
- The Princess Trilogy (Jean Sasson)



FILM AND TELEVISION

Please note: There may be a cost related to watching this content and CCDI is not responsible for those costs.

- Violence against women / Violence faite aux femmes (National Film Board Collection)
- Shedding light on the scourge of gender-based violence / Faire la lumière sur le fléau de la violence sexiste (National Film Board Collection)
- 16 Days 16 Films
- American Murder: The Family Next Door (Netflix)
- Bombshell (Netflix)
- I May Destroy You (Crave/SUPER ÉCRAN, Apple TV)
- Lost Girls (Netflix)
- The Body Remembers [When the World Broke Open](#) (Crave, Amazon Prime Video, YouTube)

Note: French links are for the original Ted Talk with French subtitles and/or French transcript.

- ◉ How online abuse of women has spiraled out of control / Les abus en ligne contre les femmes sont hors de contrôle (Ashley Judd)
- ◉ The shadow pandemic of domestic violence during COVID-19 (Kemi DaSilva-Ibru)
Violence against women and girls: let's reframe this pandemic (Alice Han)
- ◉ Why domestic violence victims don't leave / Pourquoi les victimes de violence conjugales ne partent pas (Leslie Morgan Steiner)
- ◉ Why women stay silent after sexual assault / Pourquoi les femmes gardent le silence après une agression sexuelle (Inés Hercovich)



PODCASTS

- ◉ 16 Days of Activism Against Gendered Violence
- ◉ Alright, Now What?
- ◉ Belado FemAnVi (FR)
- ◉ I'm a Survivor
- ◉ Missing & Murdered: Finding Cleo
- ◉ Regards féministes (FR)
- ◉ Spotlight: Justice for Women
- ◉ Un podcast à soi (FR)

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